

4. Music & Home Economics



References:

-Haapaniemi, J., Venalainen, S., Malin, A., Palojoki, P. (2018). Home economics education: exploring integrative learning. *Educational Research*, 61 (1)

-Classicfm (2018). 10 reasons you should take up a musical instrument. Discover music. <https://www.classicfm.com/discover-music/reasons-to-play-a-musical-instrument/>

1 Teacher (.5-1FTE)

Home Economics can improve academic performance in other content areas (Haapaniemi et. al, 2018).

Benefits of learning an instrument:

- Stimulates the brain, including memory and abstract reasoning.
- Builds leadership and team building
- Relieves stress
- Builds confidence
- Is a creative outlet